To the Parent / Guardian of: **DOB:**

Venue: Redbridge Leisure Centre, Forrest Road, Barkingside, Essex, IG6 3HD

Directions, & map can be found on http://www.british-gymnastics.org/event/8153/gfa-floor-vault-blue-bronze-level-spring-2015

Your child is competing on: Saturday 30th May/ Sunday 31st May / Saturday 6th June / Sunday 7th Junein theWhite / Blue / Bronze / Silver /Gold Level Competition in Round: **1/2/3/4/5/6/7/8** Please arrive at the venue at (insert time)

As you go into the arena signs will direct you to where gymnasts or spectators need to go. Gymnasts should go with their parents / guardians to the spectator seating and wait to be called for their round. At NO time will any parents be allowed into the registration area.

Warm Up will be at: (insert time)Competition will be at: (insert time)Followed immediately by the Medal Presentation at and will finish at: (insert time)

All times are subject to change if the programme is running early. Please note the competition will not be held up if your son / daughter does not arrive by registration time, the organisers reserve the right to begin half hour ahead of published timings except for in round one.

**Gymnasts should wear**: (insert clothing requirements)

**Girls Long hair** (insert directions).

Please ensure your son / daughter has a **SMALL** named bag to hold their water bottle, there should be enough room to put their shoes, socks, tracksuit in. No coats, food etc should be taken with gymnasts.

**Spectator tickets are £5.00 per person for the day,** £3.00 for under 16’s and over 65s, under 5’s go free. **Cash only for tickets.** Gymnasts also gain free entry on the day they are competing.

As usual we will have the London Gymnastics Shopping Mall with Zone Leotards, Photographic Synergy and Fine Designs Hoodies and t shirts. All our Shopping Mall suppliers accept all major credit / debit cards.

Scores can be viewed LIVE on the day of the competition by going to [www.gymdata.co.uk](http://www.gymdata.co.uk)

If your child is unable to compete or has a mistake in their name or DOB please let the club know immediately. There are over 2000 children competing, your child CANNOT change days or times.

**NO FLASH photography can be used during the competition.**

Many thanks,

(Insert name of club)